

HOW WILL THIS PROGRAM BENEFIT ME?

Students in Nursing Fundamentals take the knowledge and skills they have gained and work in a clinical setting where they can experience the hands on taking care of residents in a long term care facility.

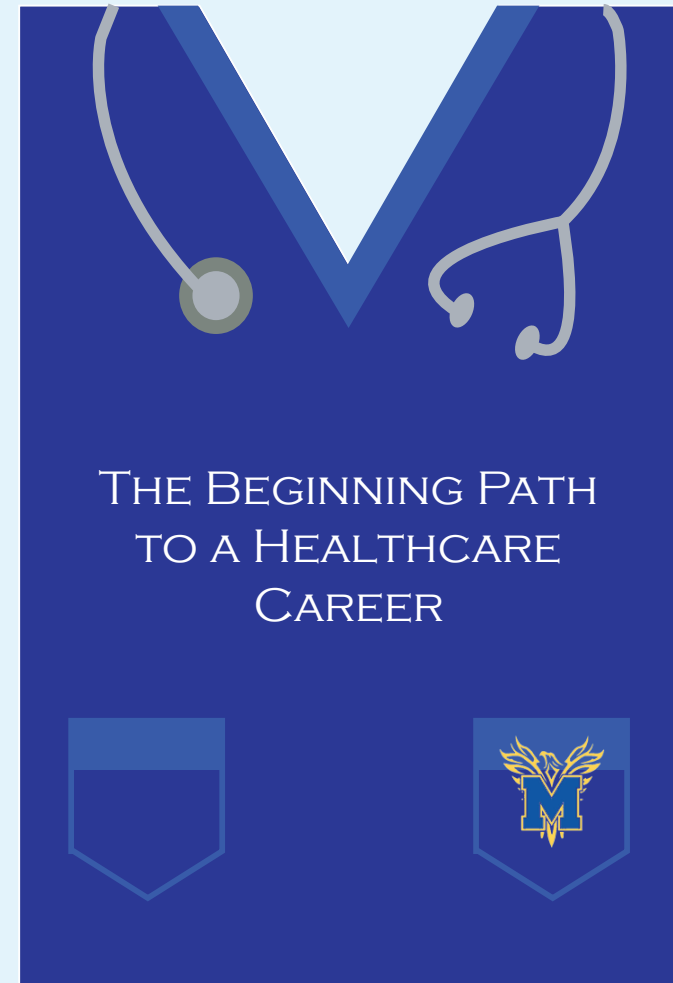


Many students begin to find out how rewarding a healthcare career can be and the satisfaction that comes from taking care of others.

For more information contact:

*Donna Holder, R.N.
dholder@rock.k12.nc.us*

Health Sciences



HEALTH SCIENCE I

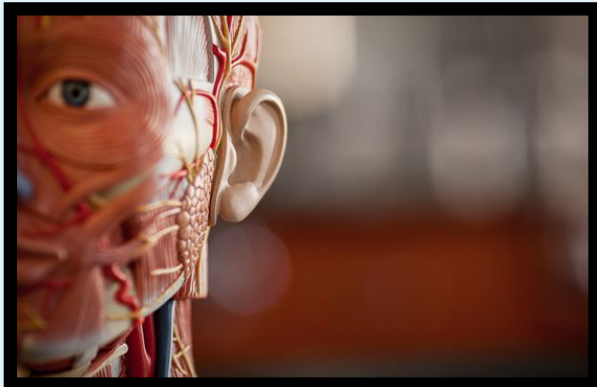
Sophomore Year

What do you learn?

- Human Anatomy and Physiology
- Body Systems Interactions
- Diseases that affect the systems

Common questions these students can answer

- Is the common cold caused by a virus?
- Why do we sweat when we are nervous?
- How does exercise affect our heart rate?
- Why do our joints pop?



HEALTH SCIENCE II

Junior Year

What do you learn?

- Healthcare system
- Healthcare careers



- Basic patient care skills
- How to take a blood pressure
- Taking basic vital signs
- Transferring patients in wheelchairs and many more
- Students obtain their CPR and First Aid certification as part of the curriculum



NURSING FUNDAMENTALS

Senior Year

- Third class in the curriculum
- Must have taken HS I and HS II
- Consists of both classroom and clinical hours
- When completed student can apply for and take the Certified Nursing Assistant state exam
- Today's nursing and respiratory therapy schools are requiring that students applying to their programs must have a CNA certificate.
- Highly competitive healthcare programs such as physical therapy, dental hygiene, and even some psychology classes require patient

